



CMT Skillz

Fall 2020 Class Schedule | August 24 – October 17

Wednesday 4:30- 5:30 | Instructor: Julie Lucido

Intermediate Musical Theatre Dance (ages 10+)*

Students will learn a variety of dance styles from ballet technique to tap basics, jazz, and modern to prepare them for any upcoming show they hope to audition for. Get ahead on upcoming CMT show auditions and learn the combinations that will be used for Matilda or could be seen in Aladdin or Les Mis! * *Previous basic dance experience in classes or in show is ideal for this class.*

Wednesday 6pm - 7pm | Instructor: Julie Lucido

A Season of Scene Study! (Ages 9-20)*

CLOSED (FULL)

Learn how to embody your character both emotionally and physically, and concentrate on your acting skills. In this workshop we will be workshopping scenes from upcoming CMT shows. Focus will be working on voice for the actor technique as well as being present and delivering honest performances. **this class is for all levels of performer.*

Wednesday 7:30pm-8:30pm | Instructor: Julie Lucido

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Fridays 4:30-5:30pm | Instructor: Catriona Fray

Intro to Musical Theater/Acting (10-17)

Theater is storytelling through acting, movement, and behavior by being present and reacting truthfully in order to find the "why" behind a character and their unique voice. Participants will learn to have fun in the work through preparation, exploration and developing their characters, by working together as a team, building an ensemble through trust by listening and understanding the value of every character in a performance.

Fridays 6:00-7:00pm and Saturdays 1:00-2:00pm | Instructor: Catriona Fray

Musical Literacy & Stylizing for the Singing Actor (7 and UP)

Participants will build their repertoire through different genres (Pop/Rock, Golden Age, Gospel, Classic and Contemporary Musical Theater), Music Theory by creating their own songs, and confidence in discovering the mental/physical/emotional intentionality and connectivity while breathing, speaking, and singing, and healthy exercises/approaches that "bridge the gap" between the vocal registers. Catriona's main mission is to help students find their light within through the magic that is music; by feeling the patterns, rhythms, vibrations, and frequencies, they can tap into their divinely creative self!

Saturdays 10:00-11:00am | Instructor: Catriona Fray

Intro to Musical Theater/Acting (5-9)

Theater is storytelling that activates the imagination. Participants will develop active listening and reacting skills through improv, creating their own characters, and acting exercises/games with a focus on adventure, discovery, and play. Participants will learn to channel their wild imagination and playful nature in a productive way through the art of storytelling as they begin to dive into the craft of acting.

Saturdays 11:30-12:30pm | Instructor: Catriona Fray

Integrating Movement & Dance (7-11)

Dance is movement in space. Participants will discover what makes a character unique through movement and how to create compelling stories while dancing. They will also practice picking up choreography effectively and quickly so that they will feel confident for any audition/callback and incorporate their unique voice and develop a sense of intentional balance, coordination, and spatial awareness.

Private Acting/Audition Preparation | Instructor: Julie Lucido

(All Ages/Levels) | Time and Date TBD*

College auditions coming up? Need to build your monologue book? Or want to work on your skills in a more one on one environment? We will build a program specific to your needs together- be it script analysis, Shakespeare, vocal or body technique and audition or performance skill building. * Email cmtworks@sbcglobal.net for available times and cost.

Private Voice Lessons | Instructor: Catriona Fray

(All Ages/Levels) | Time and Date TBD*

* Email cmtworks@sbcglobal.net for available times and cost.

CMT Skillz Class Instructors



Catriona Fray: Catriona, a graduate of UCLA's School of Theater, Film, and Television, has traveled across the country opening for Grammy award winning Pentatonix, singing with recording artist Jojo in a national commercial for Freeform, and singing with UCLA a cappella group ScatterTones at the White House. She performed in Mamma Mia at the Hollywood Bowl and Sweet Charity (Rosie) with three-time Tony award winning director Kathleen Marshall. Her favorite roles, (Witch) Into the Woods and (Audrey) Little Shop of Horrors. In NYC, she has performed at the Town Hall, Feinstein's/54 Below, (Le) Poisson Rouge, and has worked alongside Broadway producers/creatives on new works. She currently teaches voice lessons online! @catrionafray www.catrionafray.com.



Julie Lucido: Julie is a theatre arts veteran with decades of experience in performance, choreography, and directing. Gifted as both mentor and collaborator, Julie is at home in both leadership roles as well as contributing as a key member of a full production team. With expertise and a vast background in stage performance, Julie is also well-versed in television, radio, and digital mediums. Julie has a Theatre Arts B.A. from University of Santa Cruz. Julie is classically trained in a variety of theatrical techniques including Meisner and Stanislavsky and focuses on growing actors fully engaging with their mind, body, and soul.



The Director-Choreographer is an Associate Member of STAGE DIRECTORS AND CHOREOGRAPHERS SOCIETY, a national theatrical labor union.

